

# Helping You Find Peace After Your Divorce

The Catholic 12-week *Surviving Divorce* series by Ascension Press was created to bring hope and healing to those who have experienced the pain and loneliness of a broken marriage. It is for the newly separated and divorced and those still struggling with issues many years later. It will help them find answers to their questions, restore hope, and begin authentic healing. Developed and hosted by Rose Sweet, *Surviving Divorce* features experts Dr. Ray Guarendi, Ph.D., Fr. Donald Calloway, M.I.C., Fr. Steve Porter, S.T.L., Fr. Mitch Pacwa, S.J., and Christopher West. It also includes personal testimonies of Catholic men and women who have experienced the breakdown of their families. They courageously share their stories with heart, humor, and wisdom. As they witness to their pain and the healing power of Christ in their lives, participants will identify with their journeys from heart-ache to healing.

For Men and  
Women Seeking  
Healing from  
Divorce

## **Dates/Time/Location:**

Every Wednesday, January 19 - April 6,  
from 6:30 - 8:00pm in The Spirit Center

## **More Information:**

This program will be facilitated by Rebecca Hubert and Kristin Garrabrant. The cost of the program is \$20.00, which covers the cost of the *Surviving Divorce* Personal Guide. For an optimal program experience, there will be a minimum of 5 and maximum of 20 participants. For inquiries and to register, please email Kristin Garrabrant at [kcgarrabrant@gmail.com](mailto:kcgarrabrant@gmail.com). Registration deadline is January 12, 2022.

## **Surviving Divorce will help you:**

- Work through the emotional upheaval of separation and divorce.
- Find personal healing and hope.
- Gain wisdom and comfort from experts and others who share your experiences.
- Navigate topics such as anger and forgiveness, money issues, dealing with children and former spouse, and annulment and remarriage.